

God is love

The purpose of life is to become closer to God = to learn to love

We were created from love to love

Love is a commitment to the fulfillment the potential of another

Love is a choice

Love is based in experience

Everything in the universe is designed to help us choose love

At any given moment we are either moving toward love or away from love

Love is a process of understanding and connecting with others

Decision and Perception

Choosing not to love creates pain and dysfunction

Choosing love helps us learn to love more deeply

Love involves seeing more clearly

The function of pain and dysfunction is to let us know we are moving away from love

We identify and deal with roadblocks to love

We clear a path to make it easier for ourselves and others to choose love

Natural Pain resulting from loss

Tension

Balance

compassion

Fixed Perception

Expanding Perception

personal responsibility

Commitment to self-interest

Commitment to Truth

hope

Exclusion and isolation

Inclusion and Connection

humility